

20 Years
of Dedication,
Integration
and Support

Beyond differences...
human values

Values



**FUNDRAISING CAMPAIGN
2005-2010**

IntegrACTION
Foundation
of Quebec

Mission

The IntegrACTION Foundation of Quebec (the "Foundation") was created in 1985 to help improve the quality of life of a wide range of handicapped persons by providing caregiver, residential, respite care and adapted recreational services.

Values

First and foremost: respect, dignity and integration of handicapped persons.

Priority

Meet the needs of handicapped persons efficiently by carrying out turnkey projects.

The Foundation

Nine welcoming, safe and totally adapted living environments:

- Seven facilities housing 62 handicapped adults;
- Two facilities housing 18 handicapped children and teens;
- Every year, over \$150,000 is earmarked for the safety, maintenance and improvement of both the function and appearance of our living environments. As our families so aptly put it: "We get the feeling that the Foundation is constantly trying to improve its facilities, and that's very reassuring."



*Above all else,
the Foundation
represents hope for a
better tomorrow for
numerous families
and their loved ones.*

Expertise in high demand:

At the Marcelle and Jean Coutu Centre, our clients' families can get some time off (6,500 person/stays annually)

- Specialized respite care on weekends for children or adults with special caregiver needs.
- Lodging for autistic children during the week.
- Week-day activities for handicapped adults.
- A Snoezelen room for sensory stimulation.

Recognized quality services:

- In 2005, families and relatives gave the Foundation an 84% satisfaction rating.
- Our 150 dedicated employees are selected through a stringent screening process.
- Our 70 volunteers generously give over 6,000 person/hours per year.
- We provide quality basic care, a daily bath, a multitude of small personalized details, a wide range of adapted activities and so much more.
- Our professional and transparent approach forges a bond of trust with the families.
- In 1995, we received an award recognizing the accessibility and quality of our services.

Unforgettable moments:

- At the Domaine Jacques Masse, people can use our adapted outdoor recreational facilities without cost.

Sound management:

- We have never compromised on the quality of our services, despite a 32% subsidy reduction in 1995 that was never reinstated.
- A dynamic operating structure guarantees that we can continue offering our services.

Some of our partners and collaborators:



CRDI
NORMAND-LARAMÉE
CENTRE DE RÉADAPTATION EN DÉFICIENCE INTELLECTUELLE



L'Intégrale
Services de réadaptation L'Intégrale

HÔPITAL JUIF
DE RÉADAPTATION
DE LAVAL



Centre de
Réadaptation
Marie-Enfant

CHU Sainte-Justine

Université
de Montréal

Thank you

Respect



Dignity



Integration

Objective

Campaign Objective

In order to pursue its mission, the Foundation needs

\$5 million over the next five years

to finance several urgent projects.



Campaign targeting SIX NEW PROJECTS



1) Marcelle and Jean Coutu Centre, Phase II (\$2,250,000)

CONTEXT: The Marcelle and Jean Coutu Centre was set up in 2002 to provide specialized respite care and adapted activities for handicapped persons and, since then, has developed leading-edge expertise in this field. Currently, only 30% of local respite care needs are being met. Since this centre serves more severely handicapped persons, it requires more specialized premises.

SOLUTION: Construct a new building to triple the centre's lodging capacity, diversify the adapted services and respond to social emergencies. This project will have a direct impact on 400 disabled persons and their families.

2) Resources for multihandicapped adults - Montreal (\$1,000,000)

CONTEXT: There is a shortage of permanent residences in Montreal for multihandicapped persons. Young adults often find themselves in extended care hospital centres (CHSLD), an environment that does little to promote their development.

SOLUTION: Build/renovate a fully adapted residence in Montreal or the surrounding area to meet the needs of parents and the network. This project will have a direct impact on nine multihandicapped individuals and their families

3) Facility for handicapped persons with behavioural problems - Laval (\$750,000)

CONTEXT: Since the Foundation already manages such a facility, the Normand-Laramée CRDI has asked the Foundation to develop a new project for this purpose in 2006.

SOLUTION: Construct/renovate a facility in the Laval area that specializes in supporting handicapped persons with behavioural problems. This project will have a direct impact on seven to nine individuals and their families.

4) Consolidation of the Foundation's properties (\$375,000)

CONTEXT: The increasing number of users is one of the main challenges of the Foundation. Since 1994, the number of multihandicapped users has increased from 10% to 63%. Maximizing the potential of the facilities and making the necessary improvements to the accommodations and technical aids can be very expensive.

SOLUTION: Expand and improve accessibility to two specialized facilities for multihandicapped persons. Improve the living areas for 10 resources. Add adapted equipment for 10 resources. Purchase an adapted minivan. These projects will have a direct impact on 89 individuals and their families.



5) Consolidation of the Foundation's activities (\$325,000)

CONTEXT: The on-going improvement of existing services is a priority for the Foundation. One of the most common wishes that families have expressed is for a greater number of activities in the facilities and in the community.

SOLUTION: Increase the number of adapted activities in the facilities, ensure the constant and rigorous monitoring of the quality of activities, provide on-going training for attendants and increase volunteer participation. These projects will have a direct impact on 89 individuals and their families.

6) Specialized respite care at Domaine Jacques Masse (\$300,000)

CONTEXT: Being outdoors has a very positive effect on handicapped persons with special needs, however, they seldom have the opportunity to benefit from such an experience, because most locations are not accessible and parents are often exhausted and overwhelmed.

SOLUTION: Set up an outdoor recreational respite facility at Domaine Jacques Masse for 16 weeks a year over 5 years. This project will have a direct impact on 100 individuals and their families.



Testimonials

Mr. François Jean Coutu,
Chairman,
Canadian Operations,
The Jean Coutu Group
Campaign Chairman



It is with great pleasure that I accepted the honorary chair of the first major IntegrACTION Foundation of Quebec Fundraising Campaign.

For many years, the Jean Coutu Group and my family have enthusiastically supported this dynamic organization that is sensitive to the well-being of handicapped persons. The IntegrACTION Foundation of Quebec has been innovative in implementing a multitude of specialized projects to better meet the needs of these individuals and their families. Its direct positive impact on their quality of life has been demonstrated many times over and deserves even more recognition.

Although they are among the less fortunate in our society, these people play an important role in our busy lives because they bring us back to true human values: simplicity, generosity, respect for one another. It is only right and fair that those of us who are more fortunate should give a little to those who have such great needs which so often they can only express in silence.

Thank you for your generosity!

Mr. Alain Lafortune,
Senior Vice-President,
Purchases and Marketing,
The Jean Coutu Group
Campaign Vice-President



It is with great pride that I agreed to act as Vice-President of the IntegrACTION Foundation of Quebec Fundraising Campaign Board.

For twenty years, this Foundation has played a prominent role through its dedication to improving the quality of life of handicapped people. Imagine not being able to get up by yourself in the morning, to get dressed or take a bath every day. What would it be like not being able to eat without someone's help? For people in this situation, it makes all the difference in the world to know they can count on the assistance of qualified people from the IntegrACTION Foundation, whose mission is centered on their dignity and well-being. The drive and commitment of the members of the Campaign Board, the Foundation management and everyone else involved with the Campaign have greatly motivated me to take the time to work towards the achievement of our objective.

This is why I am asking you to join us in our drive to attain our objective.

Mr. Jacques Masse,
Foundation Chairman
of the Board



As Chairman of the Board of the Foundation, it is with much pride that I invite you to take part in our first Fundraising Campaign to raise \$5 million.

Since 1988, my strongest motivator has been the immense rewards to be gained from helping intellectually handicapped people despite the immense challenges. In the past few years, thanks to our continuous efforts, the Foundation has undergone remarkable growth. A victim of its own success, the Foundation was able to meet the challenges of helping numerous handicapped people, offering them a wide range of services while treating them with respect and dignity.

Thank you for your generous support and for fulfilling the dream of all these people and their families, waiting for a better quality of life.

Praise for the quality of our services



At the Marcelle and Jean Coutu Centre

"My 11-year old son is not able to speak, but when we arrive at the Marcelle and Jean Coutu Centre on Saturday mornings, he is all smiles. That says it all. Thank you for your wonderful work."

"Your Centre is beautiful, clean, big and welcoming and your personnel is kind and sympathetic."

"As a caregiver, respite care is an essential service that we need if we want to keep our children at home."

"We need more places like yours."

"The Foundation is a big family where parents are always with us!"

Mr. Poupart

In our facilities

"Congratulations to all the personnel for your respect and dedication, your humane approach."

"I am very satisfied with the services my sister is getting. She is the jewel of my eye and you take care of her as if she were your own. Thank you very much."

"The first time that we visited the St-Denis-Le Bourget House, we were amazed by the beauty of the environment. There were so many trees and birds. The view of the river gave us a sense of serenity. It was so calm! This place was exactly what we dreamed of for Justin. It seemed too good to be true. Our dreams soon became reality and this marvellous residence became Justin's new home. His new life at the St-Denis-Le Bourget House greatly improved the quality of his life and this is what we always wanted for him. Even Justin's teacher told us that he is calmer and happier and that he performs better in school. Thank you to the IntegrACTION Foundation of Quebec for giving our son an opportunity to live in a beautiful home and benefit from an outstanding quality of life. We would also like to thank all the donors, because without their donations, this dream would never have been possible."



*Caregiver, residential,
respite and adapted
recreational services.*

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